

Dear friends, how is everything? Here is another publication in which our objective is to describe actual clinical cases before and after treatment and show you exactly how they look at the end of the process. Also, at the end of this text, we show you how to develop photos adequately and smoothly.

You may even use this section as a filter for some Instagram postings by several “artists” or “prodigies”, who may believe that people are deceived by ideally perfect photos and cases, several of which do not even exist. Differently from them, we do not condone such behavior, and we want you, reader, to see what is real, to see that our Dentistry is exactly like yours, in your office, in your daily practice, with its merits and its errors, but always true. This is the type of practice of people who are relentlessly searching for the best of each day, so that we may provide ever more authentic and honest services to our patients.

THIAGO OTTOBONI AND GUSTAVO OTTOBONI

DENTAL PROTHESIS TECHNICIAN (DLT): **CRISTIANO SOARES**

Patient needed treatment with an implant for tooth #11 and esthetic and functional rehabilitation of teeth #13, #21, #12, #22 and #23 to improve smile esthetics. Treatment consisted of obtaining a copy of the anatomic profile of the residual root using the technique described in the study by Van Dooren and Clavijo and published in QDT¹. That step was followed by minimally traumatic extraction, placement of a Straumann BLT implant, placement of connective tissue and Bio-Oos grafts, and immediate temporization, respecting critical and subcritical contours. After tissue maturation, Cristiano Soares, DLT, made the ceramic restorations.

Impression material: Express XT — 3M

Cement: Rely X Veneer — 3M

Case published in the Chapter about Implantology in the book *Reabilitação Estética Anterior. Passo a passo da rotina clínica*, by Professor Raphael Monte Alto and colleagues. QDT².



REFERENCES

1. Van Dooren E, Calgaro M, Giordani G, Clavijo V. An alternative treatment for an ankylosed central incisor: the perio-prosthetic connection. *Quintessence Dent Technol.* 2012;35:91.
2. Alto RM. *Reabilitação estética anterior: o passo a passo da rotina clínica.* Nova Odessa: Napoleão; 2018.

CRISTIAN HIGASHI

The patient already had two Class II restorations and wanted to replace them after tooth whitening.

Slight bevels were prepared in two of the restorations, and a medium opacity resin was used for the Class III restoration of tooth #21, which was smaller. After that, the A1 Enamel and Trans 20 Empress Direct shades were used.

For tooth #22, a high opacity composite, A1 Dentine Empress Direct, was used as a first layer, followed by other layers of A1 Enamel and Trans 20 shades.



Dentist and chairside laboratory procedures:

ROBERTO ZANGIROLAMI

A 27-year-old female patient had an accident and fractured teeth # 21 and #22, which were then treated endodontically and restored using a composite. After some years, these restorations eventually fractured and lost their optical characteristics. The patient was dissatisfied with it and sought a solution to improve the esthetic appearance of her smile.

She underwent at-home tooth whitening with 10% carbamide peroxide (Opalescence, Ultradent), and two anatomic fiberglass posts were cemented using RelyX™ U200.

The teeth were prepared to receive lithium disilicate crowns (e.max) using the CAD-CAM Cerec-(Sirona) system. After preparation, the gingiva was retracted to ensure accurate scanning, designing and milling. The treatment continued with try-in, lithium disilicate crystallization, staining and glazing and then crown cementation using Rely-x Ultimate-3M. All procedures were performed in the office (chairside) by the dentist himself.



RAPHAEL MONTE ALTODLT: **CRISTIANO SOARES**

A 30-year-old female patient was dissatisfied with some old composite restorations that had been fabricated eight years before. As their shape was adequate, they were used as references for the final restorations. Teeth #12 and #22 were prepared to receive 0.4-mm veneers, and two feldspathic porcelain veneers were fabricated.

President - The Original (Coltene)

Light-curing cement: Allcem Veneer (FGM)

Adhesive: Ambar APS (FGM)



Suggestions for the manipulation of color, cutouts, background fill and occlusal plane adjustments using Photoshop and Lightroom, by Adobe®.

Photo manipulation: Júnior Bianchi



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